

Chlamydia management

Suggested self-reported CPD activities: - choose one or more or develop your own.

Educational activity	Measuring outcomes	Reviewing performance
<p>Activity 1 – chlamydia best practice reading: Read one or more resource for best practice chlamydia management and sexual health care:</p> <ul style="list-style-type: none"> - AJGP article New best practice guidance for general practice to reduce chlamydia associated reproductive complications in women - Australian STI Management guidelines https://sti.guidelines.org.au/sexually-transmissible-infections/chlamydia/ - MoCCA website https://www.mocca.org.au/ - RACGP Curriculum and syllabus for Australian General Practice - sexual health and gender diversity unit 	<p>Activity 1 – Audit: Audit a sample of your patients with chlamydia (suggestion for 6-8 patients). Compare your management notes to your reading of chlamydia management guidelines and resources and identify areas for improvement. For example:</p> <ul style="list-style-type: none"> • Did you prescribe antibiotic treatment that was consistent with the guidelines? Consider the site of infection, genital, rectal, pharyngeal. • Was partner management and retesting for reinfection part of the treatment discussion? • Did retesting occur in recommended timeframes? What was the result of the retest/s? 	<p>Activity 1 – Review of chlamydia management: Review the MoCCA website https://www.mocca.org.au/ and identify workflow resources to support integration of chlamydia management into routine care (eg. shortcuts to help document the chlamydia consultation (https://www.mocca.org.au/resources/workflow-resources)). Discuss your audit findings with colleague/s (eg. in a practice meeting) and consider developing a practice wide approach to addressing relevant gaps (eg. implementing shortcuts).</p> <p>Activity 2 – Practice meeting and role play: Reflect on the factors that would prompt you to have a discussion with a patient about having a chlamydia / STI test. Review the Standard Asymptomatic Check-up page of the Australian STI Management guidelines (https://sti.guidelines.org.au/sexually-transmissible-infections/chlamydia/). Discuss in a practice meeting and role play with your colleagues about how to bring up a discussion about STI testing in an unrelated consultation.</p>

An electronic version of these CPD activities is available at <https://www.mocca.org.au/participating-clinics/cpd>

As relevant log your hours of educational activity, measuring outcomes and/or reviewing performance in myCPD Home (<https://mycpd.racgp.org.au/myCPD>)

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